

Resources for Children

Alpha Resource Center

1-877-414-6227 toll free

(805) 347-2775 North County

(805) 683-2145 South County

A Family Resource Center serving families with children with special needs.

www.alphasb.org

California Children Services (CCS)

(805) 681-5360

Provides occupational & physical therapy and other medical services for those children who qualify.

www.sbcphd.org/cms

Santa Barbara County Education Office (SBCEO)

(805) 964-4711 ext. 5410

Educational programs for individuals with severe physical and learning disabilities.

www.sbceo.org

Santa Barbara County Special Education Local Plan Area (SELPA)

(805) 683-1412

Provides coordination to explore program options for students with disabilities whose needs cannot be met through modification of the regular education program.

selpa@sbceo.k12.ca.us

Tri-Counties Regional Center (TCRC)

1-800-266-9071 North County

1-800-322-6994 South County

An agency where persons with developmental disabilities of all ages and their families can go for help in obtaining services.

www.tri-counties.org

Resources for Children

Whose Needs May Be Special

Many resources are available to families and providers who have questions about a child's development. However, trying to navigate and understand systems can be confusing and overwhelming.

This brochure has been developed to help parents and providers take the "first steps" in accessing local supports and resources for children with special needs in Santa Barbara County.



For more information:
(805) 347-2775 North County
(805) 683-2145 South County
1-877-414-6227 toll free
www.alphasb.org

Serving the community for over 50 years,
from birth through a lifetime.

Supported by



FAMILY VOICES of California

and Private Donations

Children Birth to 3 Years

If you have concerns that your child appears to have difficulty relating to you or the care provider; does not meet typical developmental milestones; or if your child does not demonstrate age-appropriate behavior, you may:

- Talk with your health care provider and/or request a referral for assessment
- Discuss concerns with your childcare provider or early education teacher
- Contact your local Early Start Program at
Tri-Counties Regional Center
Santa Maria Office 1-800-266-9071
Santa Barbara Office 1-800-322-6994
Ask to speak with an "Early Start Service Coordinator."
- Contact the Family First Program at Alpha Resource Center
North County (805) 347-2775
South County (805) 683-2145
Toll Free 1-877-414-6227

For parent support, information, resources, referral, and advocacy.

Children 3 to 5 Years

If your child is having difficulty at home or in child care and you are concerned that your child is not developing as other children the same age; or if your child has limited understanding and use of language; does not play well with other children; is overly aggressive; hurts self or others frequently; falls a lot or is clumsy; or has poor motor coordination, you may:

- Talk with your health care provider and/or request a referral for assessment
- Discuss concerns with your childcare provider or early education teacher
- Contact Santa Barbara County Education Office and ask for Special Education Support Services:
North County (805) 922-0334
South County (805) 964-4711

Let your health care provider or the agency know that you are concerned about your child's development and ask for resources available and how to make a referral for assessment.

Providers may make a referral, but only with written consent of the family.

5 Years & Older

School age children are usually identified because of behavior or academic problems in school such as: not doing well in school even after accommodations are made in the regular classroom; the student frequently does not complete or does not turn in homework; has learning or behavior problems; or is not reading by second grade. Parents may:

- Talk with your child's teacher and other school personnel, discuss resources available, and/or ask for a referral to the Student Success Team (SST) for possible assessment
- Talk with your health care provider, rule out any health considerations, and/or ask for a referral for assessment
- Contact the special education department in your school district.

Tell them you are "concerned with your child's academic progress in school." Parents are encouraged to talk with the school staff to openly and honestly discuss concerns. Parents may address concerns and make requests for assessment in writing to the school district office.

Services for Children

Children age birth to three who are eligible for Early Start may receive the following services:

- Assistive technology
- Audiology
- Family training & counseling
- Health or nursing services
- Medical services for diagnostic or evaluation purposes
- Occupational therapy
- Physical Therapy
- Psychological services
- Respite services
- Service coordination
- Social work services
- Special instruction
- Speech-language pathology services
- Transportation
- Vision Services

Children ages 3 and older who are eligible for special education may receive the following services:

- Assistive technology
- Audiology
- Counseling
- Health services
- Occupational therapy
- Physical Therapy
- Psychological services
- Social work services
- Special instruction
- Speech-language pathology services
- Transition support
- Transportation
- Vision Services

Children 3 and older who qualify for regional center services may receive the following:

- Adaptive equipment/supplies
- Advocacy assistance
- Assessment & evaluation
- Behavior training
- Child Care Assistance
- Counseling
- Daily living training
- Diagnosis
- Crisis intervention
- Information & Referral Services
- Mental health services
- Occupational therapy